

# Werner van der Westhuizen

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104 Main Road, Walmer,  
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## Available Workshops in 2019

Dates not yet finalised. Available for group bookings.

**Beyond Behaviour (3-day workshop)** **A must if you work with children**

(9 CPD points, pending renewal)

**Effective Interventions for Working with Trauma (2-day workshop)** **Trauma is everywhere**

**Approved** for 10 CPD by SACSSP

**Suicide Prevention & Intervention (2-day workshop)** **Practical and life-saving info**

(10 CPD points, pending renewal)

**Counselling Children & Youth (2-day workshop)**

**Approved** for 8 CPD by SACSSP

**Spiral Dynamics (2-day workshop)** **Something different**

(10 CPD points, pending renewal)

**Motivational Interviewing (1-day workshop)** **Developmental interviewing**

(4 CPD points, pending renewal)

**De-escalation Strategies & Skills (1-day workshop)** **A must for every practitioner**

(4 CPD points, pending renewal)

**Group Work Programme Development (2-day workshop)** **Practical – how to run groups**

(10 CPD points, pending renewal)

**Effective Supervision & Leadership (2-day workshop)** **Popular workshop**

(10 CPD points, pending renewal)

**Integrated Reality Therapy (2-day workshop)** **A developmental approach to counselling**

(10 CPD points, pending renewal)

**Guided Imagery & Hypnosis (1 ½ day workshop)** **Mind-blowing stuff**

(6 CPD points, pending renewal)

**Transpersonal Social Work** (Currently in development, expected later in 2019)

**Developmental Assessment & IDPs (1 day workshop)**

Approved for 4 CPD by SACSSP

**Beyond Behaviour for Parents and Foster Carers (1 day workshop) NEW!!!**

No CPD application made since most foster carers do not require CPD

## Create your own workshop

A discussion group is usually a 2-hour session consisting on a theoretic input/presentation of about 45 minutes and group discussions that follow. The group discussions focus on practical implications such as ethical guidelines and the realities of practice.

**This has been submitted to SACSSP for CPD approval and is pending.**

Create your own workshop by combining the topics of interest to your organisation into a workshop. Two topics can be covered in one day. Each topic is approved for 4 CPD.

Here is a list of the topics:

1. Complex & Developmental Trauma
2. Trauma Debriefing
3. Trauma Counselling
4. Secondary & Vicarious Trauma
5. Complicated & Traumatic Bereavement
6. Trauma in the Workplace
7. Principles of Restorative Conferencing
8. Spiral Dynamics
9. Suicide Assessment & Prevention
10. Safer Social Work
11. Beyond Behaviour
12. Clinical Work with Substance-Abusing Clients
13. NLP and Social Work
14. Hypnosis and Social Work
15. Social Work with Pre- & Post-natal Clients

- Workshops are available in all major cities in S.A. when group bookings are made.
- Group bookings (outside of P.E.) generally require a minimum of 20 participants.
- Individuals or organisations who are prepared to host a training and assist with the arrangements can negotiate a lower fee for themselves.

Please do not hesitate to contact me for more information at [werner@changeworks.co.za](mailto:werner@changeworks.co.za)

You can also find more information on these workshops on the website [www.changeworks.co.za/training](http://www.changeworks.co.za/training) and on the Facebook page [www.facebook.com/cpd4u/events](https://www.facebook.com/cpd4u/events)