

# Werner van der Westhuizen

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104 Main Road, Walmer,  
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## Available Workshops in 2018

Dates not yet finalised. Available for group bookings.

**Beyond Behaviour (3-day workshop)** **A must if you work with children**

Previously approved for 9 CPD by SACSSP

**Effective Interventions for Working with Trauma (2-day workshop)** **Trauma is everywhere**

Approved for 10 CPD by SACSSP

**Suicide Prevention & Intervention (2-day workshop)** **Practical and life-saving info**

Currently approved for 10 CPD SACSSP

**Counselling Children & Youth (2-day workshop)** **NEW!!!**

Approved for 8 CPD by SACSSP

**Spiral Dynamics (2-day workshop)** **Something different**

Previously approved for 10 CPD by SACSSP

**Motivational Interviewing (1-day workshop)** **Developmental interviewing**

Previously approved for 4 CPD by SACSSP

**De-escalation Strategies & Skills (1-day workshop)** **A must for every practitioner**

Previously approved for 4 CPD by SACSSP

**Group Work Programme Development (2-day workshop)** **Practical – how to run groups**

Currently approved for 10 CPD by SACSSP

**Effective Supervision & Leadership (2-day workshop)** **Popular workshop**

Currently approved for 10 CPD by SACSSP

**Integrated Reality Therapy (2-day workshop)** **A developmental approach to counselling**

Previously approved for 10 CPD by SACSSP

**Guided Imagery & Hypnosis (1 ½ day workshop)** **Mind-blowing stuff**

Previously approved for 6 CPD by SACSSP

**Transpersonal Social Work** (Currently in development, expected later in 2018)

**Developmental Assessment & IDPs (1 day workshop)** **NEW!!!**

Approved for 4 CPD by SACSSP

## **Beyond Behaviour for Parents and Foster Carers (1 day workshop) NEW!!!**

No CPD application made since most foster carers do not require CPD

## **Create your own workshop**

This is a list of 19 topics which have been approved for CPD by SACSSP as Discussion Groups. A discussion group is usually a 2-hour session consisting on a theoretic input/presentation of about 45 minutes and group discussions that follow. The group discussions focus on practical implications such as ethical guidelines and the realities of practice.

Create your own workshop by combining the topics of interest to your organisation into a workshop. Two topics can be covered in one day. Each topic is approved for 4 CPD.

### **Here is a list of the topics:**

1. Developmental and Complex Trauma
2. Sandtray Therapy and the use of the Sandtray as Functional Aid
3. Trauma Informed Care
4. Trauma Focused Interventions
5. Ecosystemic Hypnotherapy
6. Spiral Dynamics
7. Motivational Interviewing
8. Life Space Intervention
9. Suicide Assessment and Intervention
10. Behavioural Activation in Intervention
11. Developmental Supervision
12. Motivation in Professionals
13. Team Dynamics
14. Safety for Professionals
15. Developmental Management
16. De-escalating Crisis and Conflict
17. Personality Styles
18. Secondary Trauma
19. Dealing with Team Challenges

- Workshops are available in all major cities in S.A. when group bookings are made.
- Group bookings (outside of P.E.) generally require a minimum of 20 participants.
- Individuals or organisations who are prepared to host a training and assist with the arrangements can negotiate a lower fee for themselves.

Please do not hesitate to contact me for more information at [werner@changeworks.co.za](mailto:werner@changeworks.co.za)

You can also find more information on these workshops on the website [www.changeworks.co.za/training](http://www.changeworks.co.za/training) and on the Facebook page [www.facebook.com/cpd4u/events](https://www.facebook.com/cpd4u/events)